



PSHE Policy

2024-25

Intent

At Manor Farm Academy, we believe that the teaching of Personal Development is crucial to the pupils understanding of how their bodies and minds change and grow. They will learn about how to make and maintain healthy relationships. We promote the understanding of British Values throughout the whole curriculum. We teach the basic life skills and how to manage different social situations. Our Personal Development curriculum has been carefully planned and is bespoke to Manor Farm Academy with the intent to equip pupils with the lifelong skills they need to be a part of ever changing society. We strive to ensure that pupils feel able to ask for help, to understand who is within their support network and how to manage different social situations. Our aim is for every pupil to understand how to keep themselves and others safe and to understand how to prepare themselves for puberty. The pupils will be equipped with the knowledge of basic first aid, how to live more independently and how to manage their own mental health and support others.

We will deliver a curriculum that:

- Teaches pupils about the protective characteristics
- Is current and reflects the changing world
- Celebrates diversity
- Embraces the British Values
- Encourages independence and the development of life skills
- Promotes an understanding and openness surrounding puberty and growth
- Builds upon social skills to enable them to manage different social situation
- Ensures that mental health is essential to pupil's development and equips them with the lifelong skills to manage their own well-being

Implementation

The Subject Leader for PSHE will lead and monitor, evaluate, review and celebrate good practice.

- The PSHE curriculum comprises of seven main areas. Social education, Philosophy and SMSC, Drug education, Well-Being, British Values, Life Simulation, Relationships and Sex education.
- The board and balanced curriculum is carefully planned to develop knowledge and skills in all areas of PSHE.

- The PSHE curriculum is bespoke to Manor Farm Academy and is reflective of the strengths and areas for development of the pupils.

Each term in PSHE, the pupils will have:

- 1 lesson per week with a focus on 1 area of the PSHE curriculum.

Subject/Term	Social Education	Philosophy + SMSC	Drug Education	Well-Being	British Values	Life Simulation	Relationships and Sex Education
Autumn 1	Caring Friendships 1	Current Affairs – y1	Current Affairs – y1/2	Well-Being session 1	Introduction and overview	Personal Health	
Autumn 2	Caring Friendships 2	Current Affairs – y2	Current Affairs – y3/4	Well-Being session 2	Rule of Law	Money and jobs	
Spring 1	Mutual Respect 1	Current Affairs – y3	Current Affairs – y5/6	Well-Being session 3	Mutual Respect	Interaction with Others	
Spring 2	Mutual Respect 2	Current Affairs – y4	Drug Education 1	Individual Liberty	Tolerance	Self-Management	
Summer 1	Being Safe 1	Democracy	Drug Education 2	Relationships and Sex Education 1	Relationships and Sex Education 2	Household Basics	
Summer 2	Being Safe 2	Current Affairs – y6	Drug Education 3	Current Affairs – y5 *Y4, 5,6 – Period Education	Relationships and Sex Education 3	*First Aid	

- * sessions to be taught by Accredited and trained PSHE coordinator

In addition:

- The PSHE Subject Leader will seek appropriate and relevant training and the opportunity to keep developing their own subject knowledge, skills and understanding, so they can support curriculum development and their colleagues throughout the school.

Impact

At Manor Farm Academy, our pupils:

- Know how to manage different relationships
- Know how to show respect to all
- Know how to be safe in different situations
- Know about and are able to debate and discuss current affairs
- Know about drugs and the affects they can have on the body
- Know how to help themselves and others to have healthy minds
- Know about how their body's change through puberty
- Know about periods and how to support themselves and others
- Know about sex education and how to be healthy

In addition, we measure the impact of our curriculum through the following methods:

- Session walk arounds to monitor teaching and pupils learning
- Pupil discussions to gather pupil voice and subject knowledge
- PSHE log's to look at session evidence and assessment

Lesson Planning & Delivery

Lesson Planning & Delivery:

Teaching for each Term

Subject/Term	Social Education	Philosophy + SMSC	Drug Education	Well-Being	British Values	Life Simulation	Relationships and Sex Education
Autumn 1	Caring Friendships 1	Current Affairs – y1	Current Affairs – y1/2	Well-Being session 1	Introduction and overview	Personal Health	
Autumn 2	Caring Friendships 2	Current Affairs – y2	Current Affairs – y3/4	Well-Being session 2	Rule of Law	Money and jobs	
Spring 1	Mutual Respect 1	Current Affairs – y3	Current Affairs – y5/6	Well-Being session 3	Mutual Respect	Interaction with Others	
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Summer 1	Being Safe 1	Democracy	Drug Education 2	Relationships and Sex Education 1	Relationships and Sex Education 2	Household Basics	
Summer 2	Being Safe 2	Current Affairs – y6	Drug Education 3	Current Affairs – y5 *Y4, 5,6 – Period Education	Relationships and Sex Education 3	*First Aid	

British Values Overview

<u>Introduction</u>	<u>Rule of Law</u>	<u>Mutual Respect</u>	<u>Tolerance</u>	<u>Individual Liberty</u>	<u>Democracy</u>
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Drug Education Overview

	Spring Term 2	Summer Term 1	Sumer Term 2
Year 1 Medicines & People Who Help Us	Staying Healthy	Medicines	Who Gives us Medicines?
Year 2 Keeping Safe	Risk	Hazardous Substances	Safety Rules
Year 3 Smoking	Why People Smoke	Physical Effects of Smoking	Smoking and Society
Year 4 Alcohol	Effects of Alcohol	Alcohol and Risk	Limits to Drinking Alcohol
Year 5 Legal & Illegal Drugs	Legal and Illegal Drugs	Attitudes to Drugs	Peer Pressure
Year 6 Preventing Early Use	Cannabis	VSA and Getting Help	Help, Advice and Support



Life Simulation Overview

<u>Personal Health</u>	<u>First Aid</u>	<u>Interaction with Others</u>	<u>Manipulation of Clothing</u>	<u>Self-Management and Survival</u>	<u>Household Basics</u>
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SMSC and Philosophy Overview

<u>Speaking and listening</u>	<u>Handling relationships</u>	<u>Reasoning skills</u>
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Relationships and Sex Education Overview

	Spring Term 2	Summer Term 1	Sumer Term 2
Reception Family and Friendship	Caring Friendships	Bring Kind	Families
Year 1 Growing and Caring for Ourselves	Different Friends	Growing and Changing	Families and Care
Year 2 Differences	Differences	Male and Female Animals	Naming Body Parts
Year 3 Valuing Difference and Keeping Safe	Body Differences	Personal Space	Help and Support
Year 4 Growing Up	Changes	What is Puberty?	Healthy Relationships
Year 5 Puberty	Talking and Puberty	The Reproductive System	Help and Support
Year 6 Puberty, Relationships & Reproduction	Puberty and Reproduction	Communication in Relationships	Families, Conception & Pregnancy Online Relationships